
SPA GUIDELINES

HOURS

Locker rooms are open
Monday thru Saturday from 5:30am–8:30pm;
Sundays from 6:30am–6:30pm

The Spa Reception Desk and Boutique is open
Monday thru Saturday from 8:30am–7:00pm;
Sundays from 8:30am–6:00pm

ARRIVAL TIME

We suggest you arrive 30 to 60 Minutes prior to your scheduled appointment to fully enjoy the facilities. Each service will start and end according to the time reserved. To accommodate all our guests as scheduled, late spa arrivals will receive the balance remaining in treatment time.

CANCELLATIONS

We require a 24-hour notice to change or cancel spa appointments. Cancellations within 24 hours will result in a 50% charge. No shows will result in a full service charge.

PERSONAL PREFERENCE

If you are pregnant or have a medical condition, please inquire if the treatment you have chosen is suitable for you.

COMFORT AND PRIVACY

We invite you to relax and renew—please speak softly and be aware of other guests seeking solitude. Cell phones and other electronic devices must be off while visiting inside the spa and locker area.

YOUNGER GUESTS

Guests under 18 years of age are not permitted inside the locker rooms and must be 16 years of age to receive a spa service.

FACILITY USE

\$25 per day per person for resort guests.
No additional fee for resort guests receiving a spa service same day.

For reservations, call 855.774.8864



1221 West Coast Highway, Newport Beach, CA 92663
BalboaBayResort.com | 855.774.8864



SPA TREATMENTS

SKINCARE

THE CITRUS ESSENCE

Revitalizes-Stimulates-Firms 50 Minutes

An antioxidant treatment that restores vitality to sun damaged skin and helps minimize the signs of premature aging. 100% pure vitamin C will stimulate collagen production and renew skin firmness.

THE O₂ RELAX

Purifies-Brightens-Balances 50 Minutes

This essential exfoliating and invigorating treatment reenergizes cellular function and reveals perfectly hydrated skin. The revitalizing power of pure oxygen will decongest and brighten a dull complexion, restoring clarity and a healthy glow.

THE ESSENTIAL SHOCK

Firms-Nourishes-Tightens 80 Minutes or 50 Minutes

Shocks skin with a unique cocktail formulated to combat premature aging and maintain plump hydrated and wrinkle free skin. This repairing treatment will stimulate the skin's cellular function to fight premature aging caused by hormonal fluctuations.

ORGANIC BLISS

Natural-Lifts-Firms 50 Minutes

Embrace nature and nurture with organic ingredients fresh in aroma, full of natural vitamin infusions and high bioflavonoid content. This treatment includes exfoliation, extraction as needed and masking incorporating organic herbs, flowers and tree essence to address different skin types and concerns.

CORRECTIVE FACIAL

Collagen boost-Plumping-Glowing 50 Minutes

This organic facial will lift and firm skin naturally and instantly. Your skin's own collagen receives a boost, plumping fine lines and wrinkles while antioxidants restore skin, for a glowing complexion. Exotic essences of delicate neroli, monoi and fresh coconut fill the air inspiring relaxation.

MARINE FACIAL

Oxygenating-Plumping 50 Minutes

Oxygenate, refine pores and heal sun-damaged skin with a unique infusion of repairing antioxidants, organic seaweed extracts and Hyaluronic Acid. Not suited for those with iodine or nut allergies.

OCEAN EXPRESS

25 Minutes

Looking for a quick pick-me-up? This ultimate skin soothing facial calms irritation and replenishes lost nutrients to renew, restore and relax the skin when in a hurry. Not suited for those with iodine or nut allergies.

CARBOXY- EXPRESS

25 Minutes

A quick peel for a glow on the go! Using a combination of 5 AHA's, this triple exfoliating treatment will produce visible results in just 25 minutes.

MASSAGES

HARBORSIDE

80 Minutes or 50 Minutes

This luxurious body massage is entirely personalized. Whether deep tissue or light pressure, scented or unscented your therapist will customize your massage to fit your needs. Life's a beach! Lie back and relax.

SEA SHELL MASSAGE

50 Minutes

Utilizing heat technology these tiger striped shells are massaged rhythmically along the body to deliver warmth and relaxation during your massage.

BABY ON BOARD

50 Minutes

Nourish skin and calm the mind with this soothing and deeply nurturing treatment. Focused entirely on your personal needs, a gentle yet effective exfoliation to the back area is followed by a comforting body massage to safely target areas prone to stress and tension during or after pregnancy. This will alleviate muscular aches and pains, leaving you feeling relaxed and revitalized.

HANG TEN

25 Minutes

Pamper those tired 'toes on the nose'. Using cooling organic peppermint and fragrant lemongrass this vegan lotion will soothe sore, cracked and achy feet and legs. A great addition to any full length massage.

HIGH TIDE

25 Minutes

Specifically designed to target those areas most prone to stress – the back, neck and shoulders – this focused treatment incorporates the ideal combination of massage techniques and oils.

COUPLE'S MASSAGE

80 Minutes or 50 Minutes

Choose to have any massage modality side by side. Advance notice recommended.



BODY EXFOLIATION TREATMENTS

MANGO GINGER SUGAR SCRUB

25 Minutes

The sweet smell of mango and the tropical scent of ginger are combined to create a feeling of calm and peace.

LAVENDER SALT SCRUB

25 Minutes

The aromatic scent of lavender melts stress away, while the salt deeply exfoliates, leaving your skin silky smooth.

PEPPERMINT ROSEMARY

25 Minutes

Reveal soft radiant skin with a blend of sea salt and pure mineral rich Dead Sea salt, ayurvedic oils and natural vitamin E.

SPRAY TANNING

Beautiful any time, enjoy the OC tan without the harmful effects of the sun.

- Full Body Spray Tan: 15 Minutes
- Body Buff & Tan: 45 Minutes

WAXING SERVICES

Available for the entire body and face. Pricing available by calling the Spa Boutique.

TREATMENT ENHANCEMENTS

SOOTHING SCALP RELIEVER

15 Minutes

Soothe away stress, re-energize the spirit and balance the mind with this deeply therapeutic and nourishing scalp massage.

CALMING EYE MASK

15 Minutes

A refreshing mask that will restore vitality and youthful appearance to the eye contour area. An infusion of active ingredients that soothe and calm this delicate area.

PACKAGES

BEACH BREAK

50 Minutes

- 25 Minute High Tide
- 25 Minute Ocean Express Facial

SEASIDE ESCAPE

100 Minutes

- 50 Minute Harborside Massage
- 50 Minute Citrus Essence Facial